

ABSTRAK

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Judul : **Persepsi Pegawai Terhadap *Treasury Wellbeing
Program* (Layanan Klinik Konseling Kesehatan Mental
Di Direktorat Jenderal Perbendaharaan)**

Penelitian ini bertujuan untuk mengetahui persepsi pegawai terhadap *Treasury Wellbeing Program* di Direktorat Jenderal Perbendaharaan sebagai program baru yang ditujukan untuk meminimalisir masalah kesehatan mental yang terjadi pada para pegawai khususnya akibat Pandemi Covid19. Penelitian ini merupakan penelitian deskriptif dengan pendekatan kualitatif. Pengumpulan data dilakukan dengan teknik observasi, wawancara terhadap para pegawai dan pengelola *Treasury Wellbeing Program*, serta studi pustaka lainnya. Teknis analisis data yang digunakan adalah teknis analisis interaktif meliputi pengumpulan data, reduksi data, penyajian data, kemudian menarik kesimpulan. Hasil penelitian menunjukkan bahwa persepsi pegawai terhadap kesehatan mental dan *Treasury Wellbeing Program* baik walaupun tidak terlalu mendalam. Berbagai upaya yang dilakukan oleh pengelola untuk mengenalkan *Treasury Wellbeing Program* kepada para pegawai, tapi masih terdapat pegawai yang belum mengetahui cara mengakses layanan program. Diperlukan sosialisasi secara kontinyu agar pegawai mengetahui cara mengakses layanan *Treasury Wellbeing Program* serta evaluasi dan survei aspirasi dari para pegawai supaya *Treasury Wellbeing Program* dapat terimplementasi sesuai dengan kebutuhan pegawai.

Kata kunci: Persepsi, Kesehatan Mental, Konseling

ABSTRACT

Name : Anung Budi Sutantiyo
Study Program : Public Administration Science
Title : **Employees' Perceptions of the Treasury Wellbeing Program (Mental Health Counseling Clinic at The Directorate General of Treasury)**

This study aims to determine employee perceptions of the Treasury Wellbeing Program at the Directorate General of Treasury as a new program aimed at minimizing mental health problems that occur in employees, especially due to the Covid19 pandemic. This research is a descriptive research with a qualitative approach. Data was collected by means of observation, interviews with employees and managers of the Treasury Wellbeing Program, as well as other literature studies. The data analysis technique used is interactive analysis technique which includes data collection, data reduction, data presentation, and then drawing conclusions. The results showed that employees' perceptions of mental health and the Treasury Wellbeing Program were good, although not very deep. Various efforts have been made by the management to introduce the Treasury Wellbeing Program to employees, but there are still employees who do not know how to access program services. Continuous socialization is needed so that employees know how to access Treasury Wellbeing Program services as well as evaluation and survey of aspirations from employees so that the Treasury Wellbeing Program can be implemented according to employee needs.

Key Words: Perception, Mental Health, Counseling